Highland Square

867 W Market St, Akron, OH 44303
(330) 434-7333 / (330) 434-2233
mustardseedmarket.com

Cafe Hours

11am-9pm Daily

Cafe Menu

MUSTARD SEED MARKET & CAFE

highland square

STARTERS

FRESH SMASHED GUACAMOLE WITH TORTILLA CHIPS (Gf) (Nf) (Sf) (Df) (V+) **$8**
Fresh smashed Avocado with Fresh Tomatoes, Lime, Fresh Cilantro, Garlic, Spices and Corn Chips.

FLOWER POWER CAULIFLOWER **$9**
Fresh Cauliflower Batter Dipped and Flash Fried Crispy, Tossed in Your Favorite Sauce: Buffalo, Honey Sriracha, or Kung Pao.
BUFFALO (Gf) (Nf) (Sf) **HONEY SRIRACHA** (Gf) (Nf) (Sf) (Df) **KUNG PAO** (Gf) (Nf) +option (Df) (V+)

NATURALLY RAISED CHICKEN WINGS ..... **6 WINGS $8 / 12 WINGS $12**
Local, Naturally Raised Bell & Evans Chicken Wings Fried to Crispy! Tossed in Your Favorite Sauce: Buffalo, Honey Sriracha, BBQ, Garlic Parmesan, or Truffulo Sauce.
BUFFALO, GARLIC PARMESAN, TRUFFULO (Gf) (Nf) (Sf) **HONEY SRIRACHA, BBQ** (Gf) (Nf) (Sf) (Df)

SUMMERTIME MEXICAN STREET CORN (Gf) (Nf) (Sf) **$4**
Fresh Local Corn on the Cobb Grilled Mexican Style (Mayo & Spices) with Queso Fresca, Fresh Cilantro and Fresh Lime. **Contains Egg.**

LOADED TRUFFLE FRIES (Gf) (Nf) (Sf) +option ..... **HALF LOADED $7 / FULLY LOADED $10**
Fresh Cut Crispy Truffle Fries Loaded up with Fresh Herbs, Garlic Parmesan Cream Sauce, and Green Onions.
BACON CHOICE: Beeler's Bacon, Garrett Valley Turkey Bacon, or MSM House-made Carrot "Bacon"

SIGNATURE THAI COCONUT SOUP (Gf) (Nf) (Sf) (Df) (V+) ..... **CUP $4 / BOWL $5**
Our Signature Thai Coconut Soup is a Creamy Coconut Milk Based Soup with Fresh Zucchini, Sweet Bell Peppers, Carrots, Ginger, Garlic and Fresh Cilantro. **Contains Coconut.**

GREENS

PESTO CAESAR SALAD (Gf) +option (Nf) +option (Sf) **$9**
Fresh Crisp Organic Romaine Lettuce Tossed with our House Made Caesar Dressing, Grape Tomatoes, Castelvetrano Olives, Garlic Croutons and Parmesan Cheese. **Contains Pinenuts.**

FRESH PEACH & STRAWBERRY SALAD (Gf) (Nf) +option (Sf) (Df) +option **$9**
Perfect Time for Local Peaches! Fresh Organic Greens, Peaches, Strawberries, Crumbled Goat Cheese, Maple Roasted Pecans Finished with a Tart Cherry and Basil Dressing. **Contains Pecans.**

GREEN GODDESS SALAD (Gf) (Nf) (Sf) (Df) (V+) **$9**
Organic Fresh Greens, English Cucumbers, Broccoli, Asparagus, Snow Peas, Casteltrevano Olives, Crispy Chickpeas, Radishes and Green Goddess Yum Dressing.

MEDITERRANEAN SALAD (Gf) (Nf) (Sf) (Df) +option (V+) +option **$9**
Organic Fresh Greens, Feta Cheese, Kalamata Olives, Red Onion, Tomatoes with our White Balsamic Dressing.

ADD PROTEIN TO YOUR SALAD!

OCEAN RAISED BLACK PEARL SALMON** (Gf) (Nf) (Sf) (Df) **$7**

LOCAL GRILLED CHICKEN BREAST (Gf) (Nf) (Sf) (Df) **$4.5**

CHOLULA FRIED CHICKEN (Gf) (Nf) (Sf) **$4.5**

BALSAMIC MARINATED TEMPEH (Gf) (Nf) (Df) (V+) **$4**

BLACK BEAN, BEET & WALNUT BURGER (Contains Walnuts) (Gf) (Sf) (Df) (V+) **$4**

OHIO BEEF BURGER** (Gf) (Nf) (Sf) (Df) **$5**

SIDES

BACKYARD MACARONI SALAD (Nf) (Sf) (Df) **$3**

DIJON DILL POTATO SALAD (Gf) (Nf) (Sf) (Df) **$3**

GARLIC CILANTRO COLESLAW (Gf) (Nf) (Sf) (Df) (V+) **$3**

SPICY THAI NOODLES (Nf) (Df) (V+) **$3**

FRESH FRUIT SALAD (Gf) (Nf) (Sf) (Df) (V+) **$3**

KETTLE POTATO CHIPS (Gf) (Nf) (Sf) (Df) (V+) **$1.5**

TRUFFLE FRIES (Gf) (Nf) (Sf) (Df) (V+) ..... **SMALL $4 / LARGE $5**

SWEET POTATO FRIES (Gf) (Nf) (Sf) (Df) (V+) ..... **SMALL $4 / LARGE $5**

*Vegan cheese does contain coconut oil
**Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

(Gf) **GLUTEN–FREE** (Nf) **NUT–FREE** (Sf) **SOY–FREE** (Df) **DAIRY–FREE** (V+) **VEGAN**

NAUGHTY GOOD BURGERS AND SANDWICHES SELECT ONE SIDE

OHIO BEEF BURGER** (Gf +option) (Nf) (Sf) $11
Chargrilled Beef Burger Smothered with Caramelized Onions, Spinach, Provolone Cheese and our Creamy Garlic Burger Sauce.
BACON CHOICE: Beeler's Bacon, Garrett Valley Turkey Bacon, or MSM House-made Carrot "Bacon"
BUN CHOICE: Griddle Butter Bun, Vegan Bun or Canyon Bakehouse Gluten Free Bun (Contains Egg) +$1.50

BLACK PEARL SALMON BURGER** (Gf +option) (Nf) (Sf) (Df) $13
House made Salmon Burger with Local Wake Robin Kimchi, Candied Jalapenos, Butter Lettuce and Green Goddess Yum Sauce. **Contains Egg.**
BACON CHOICE: Beeler's Bacon, Garrett Valley Turkey Bacon, or MSM House-made Carrot "Bacon"
BUN CHOICE: Griddle Butter Bun, Vegan Bun or Canyon Bakehouse Gluten Free Bun (Contains Egg) +$1.50

BLACK BEAN, BEET & WALNUT BURGER (Gf +option) (Sf) (Df) (V+) $10
Award Winning Mustard Seed Veggie Burger! Our Vegan Black Bean, Beet & Walnut Burger is Topped with Garlicky Greens and Roasted Red Pepper.
BUN CHOICE: Griddle Butter Bun, Vegan Bun or Canyon Bakehouse Gluten Free Bun (Contains Egg) +$1.50

HONEY SRIRACHA FRIED CHICKEN SANDWICH (Gf +option) (Nf) (Sf) $12
Formerly named "Cholula Chicken Sandwich', Our Favorite Fried Chicken Breast with Garlic Cilantro Coleslaw, Bubbies' Bread & Butter Pickle Chips and Honey Sriracha Sauce. **Contains Egg.**
BUN CHOICE: Griddle Butter Bun, Vegan Bun or Canyon Bakehouse Gluten Free Bun (Contains Egg) +$1.50

BASIL CURRY FRIED CHICKEN SANDWICH (Gf +option) (Nf) (Sf) $12
Crispy Fried Chicken with a Spicy Curry Rub, Fresh Cucumber Pickles, Fresh Basil Leaves and Green Goddess Yum Sauce. **Contains Egg.**
BUN CHOICE: Griddle Butter Bun, Vegan Bun or Canyon Bakehouse Gluten Free Bun (Contains Egg) +$1.50

TWO HANDS SELECT ONE SIDE

AVOCADO BLT (Gf +option) (Nf) (Sf +option) (Df) (V+ +option) $12
Our Twist on a Classic! Start with Fresh Avocado, Butter Lettuce, Fresh Tomatoes.
BREAD CHOICE: Griddle Butter Bun, Vegan Bun or Canyon Bakehouse Gluten Free Bun (Contains Egg) +$1.50
BACON CHOICE: Beeler's Bacon, Garrett Valley Turkey Bacon, or MSM House-made Carrot "Bacon"
MAYO CHOICE: Mayonnaise, Veganaisse or Our Famous Truffle Aioli

THE REUBEN (Gf +option) (Nf) (Sf +option) (Df +option) (V+ +option) $13
Our Reuben starts with Marbled Rye Bread, Griddled Sauerkraut, Swiss Cheese and 1000 Island Dressing.
PROTEIN CHOICE: Oven Roasted Turkey or Marinated Tempeh

ALL DAY EGGWISH** (Nf) (Sf +option) $6
I wish for an Egg Sandwich....you got it! Olive Oil Basted Fried Egg nestled in Toasted Garlic Bread, Cheddar Cheese, Sautéed Greens, Finished with Truffulo Sauce and Fresh Chives.
BACON CHOICE: Beeler's Bacon, Garrett Valley Turkey Bacon, or MSM House-made Carrot "Bacon"

ASIAN BBQ TOFU RIBS (Gf) (Nf) (Df) (V+) $7
Chargrilled Asian BBQ Tofu Ribs, Organic Tofu marinated and chargrilled and stuffed with Sweet Potato "Ribs", use caution these are addictive!

SANDWICH SIDES

BACKYARD MACARONI SALAD (Nf) (Sf) (Df)
DIJON DILL POTATO SALAD (Gf) (Nf) (Sf) (Df)
GARLIC CILANTRO COLESLAW (Gf) (Nf) (Sf) (Df) (V+)
SPICY THAI NOODLES (Nf) (Df) (V+)
FRESH FRUIT SALAD (Gf) (Nf) (Sf) (Df) (V+)
KETTLE POTATO CHIPS (Gf) (Nf) (Sf) (Df) (V+)
TRUFFLE FRIES +$3.50 (Gf) (Nf) (Sf) (Df) (V+)
SWEET POTATO FRIES +$3.50 (Gf) (Nf) (Sf) (Df) (V+)

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(Gf) GLUTEN–FREE (Nf) NUT–FREE (Sf) SOY–FREE (Df) DAIRY–FREE (V+) VEGAN

BUILD A BURGER

BURGERS

OHIO BEEF BURGER** (Gf) (Nf) (Sf) (Df) $7
BEYOND MEAT BURGER (Gf) (Nf) (Sf) (Df) (V+) $7
BLACK PEARL SALMON BURGER** (Gf) (Nf) (Sf) (Df) $9
BLACK BEAN, BEET & WALNUT BURGER (Gf) (Sf) (Df) (V+) $6
GRILLED CHICKEN BREAST (Gf) (Nf) (Sf) (Df) $7

BUNS

BUTTERED EGG BUN (Nf) (Sf) (Df)
VEGAN WHEAT BUN (Nf) (Sf) (Df) (V+)
GLUTEN FREE CANYON BAKE HOUSE BUN Contains Egg (Gf) (Nf) (Sf) (Df) ..... +$1.50

CHEESE PLEASE

CHEDDAR (Gf) (Nf) (Sf) $0.75
SWISS (Gf) (Nf) (Sf) $0.75
PROVOLONE (Gf) (Nf) (Sf) $0.75
PEPPER JACK (Gf) (Nf) (Sf) $0.75
QUESO FRESCA (Gf) (Nf) (Sf) $0.75
FETA (Gf) (Nf) (Sf) $1
GOAT CHEESE (Gf) (Nf) (Sf) $1
DAIYA VEGAN MOZZARELLA* (Gf) (Nf) (Sf) (Df) (V+) $1
DAIYA VEGAN CHEDDAR* (Gf) (Nf) (Sf) (Df) (V+) $1
Daiya Cheese Contains Coconut

GO GARDEN

ORGANIC BUTTER LETTUCE (Gf) (Nf) (Sf) (Df) (V+)
ORGANIC BABY SPINACH (Gf) (Nf) (Sf) (Df) (V+)
FRESH TOMATO SLICES (Gf) (Nf) (Sf) (Df) (V+)
RED ONION (Gf) (Nf) (Sf) (Df) (V+)
BUBBIES' BREAD & BUTTER PICKLES (Gf) (Nf) (Sf) (Df) (V+)
1/2 AVOCADO (Gf) (Nf) (Sf) (Df) (V+) $1
SAUTÉED MUSHROOMS (Gf) (Nf) (Sf) (Df) (V+) $1
CARAMELIZED ONIONS (Gf) (Nf) (Sf) (Df) (V+) $1
CANDIED JALAPENOS (Gf) (Nf) (Sf) (Df) (V+) $0.50
KIMCHI (Gf) (Nf) (Sf) (Df) (V+) $1
CUCUMBER PICKLES (Gf) (Nf) (Sf) (Df) (V+) $0.75

BACON

BEELER'S BACON (Gf) (Nf) (Sf) (Df) $1.50
GARRETT VALLEY TURKEY BACON (Gf) (Nf) (Sf) (Df) $1.50
MSM HOUSE-MADE CARROT "BACON" Contains Soy (Gf) (Nf) (Df) (V+) $0.75

SAUCE HEAVEN

GARLIC BURGER SAUCE (Gf) (Nf) (Sf)
GREEN GODDESS YUM SAUCE (Gf) (Nf) (Sf) (Df) (V+)
ROASTED RED PEPPER AIOLI (Gf) (Nf) (Sf) (Df) (V+)
HONEY SRIRACHA (Gf) (Nf) (Sf) (Df)
MSM BBQ (Gf) (Nf) (Sf) (Df) (V+)
1000 ISLAND (Gf) (Nf) (Sf) (Df) (V+)
FRESH DILL BLEU CHEESE DIP (Gf) (Nf) (Sf)
RANCH (Gf) (Nf) (Sf)
TRUFFLE AIOLI (Gf) (Nf) (Sf) (Df) (V+)
TRUFFULO (Gf) (Nf) (Sf)
MAYONNAISE (Gf) (Nf) (Sf) (Df)
VEGENAISE (Gf) (Nf) (Sf) (Df) (V+)
KETCHUP (Gf) (Nf) (Sf) (Df) (V+)
MUSTARD (Gf) (Nf) (Sf) (Df) (V+)

DESSERTS

SIGNATURE CARROT CAKE $4.29
VEGAN CARROT CAKE $4.29
CHOCOLATE FLOURLESS TORTE $2.99
TIRAMISU $4.49
PEANUT BUTTER BROWNIE $2.99
VEGAN BROWNIE $2.99
BANANA PUDDING $5.99
KEY LIME TART $5.99

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Beverage Menu

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MUSTARD SEED MARKET & CAFE

HANDCRAFTED COCKTAILS

MARGARITA FRESCA **$10**
Patron®, Triple Sec, House Sour and a Pink Himalayan Salt Rim.

CILANTRO JALAPEÑO MARGARITA **$10**
Milagro®, Blue Agave, House Sour, Fresh Jalapeño, Cilantro and a Pink Himalayan Salt Rim.

PRICKLY PEAR MARGARITA **$11**
Milagro® Silver Tequila, Triple Sec, House-Made Sour Mix, Prickly Pear Puree and Uncle Matt's Certified Organic Orange Juice with a Pink Himalayan Salt Rim.

GALAXY PALOMA **$10**
Banhez Mezcal, Triple Sec, House Blueberry Compote, Lemon and Grapefruit Juice.

CUCUMBER GIN LEMONADE **$10**
Hendrick's® Gin, House Simple, Lemon Juice, Cucumber Juice, and Soda.

ST. ROSEMARY CITRUS MARTINI **$11**
Watershed Gin, St. Germain, Blood Orange Puree, Lemon Juice, and a sprig of Rosemary.

BLUEBERRY MINT MOJITO **$9**
Bacardi, House Simple, Fresh Mint, House Blueberry Compote, and Soda.

APPLE BRANDY **$10**
Watershed Apple Brandy, Maple Syrup, Lemon Juice and Uncle Matt's Organic Orange Juice.

APPLE ROYALE **$8**
Crown Royal, Freshly Juiced Apples, House Simple, and Lime Juice.

BLOOD ORANGE BOURBON LEMONADE **$10**
Makers Mark Bourbon, Simple Syrup, Blood Orange Puree, Lemon Juice, and Uncle Matt's Organic Orange Juice.

PARIS MANHATTAN **$11**
Bulleit Rye® Whiskey, St. Germain Liqueur, Dry Vermouth, served up.

BASIL QUENCHER **$9**
Titos, Muddled Orange and Basil, topped with Blackberry Soda.

BLOODY MARY **$8**
Prairie Organic Vodka, House Bloody Mary, Lemon, Lime, Celery, and Olives.

PINEAPPLE STRAWBERRY SMASH **$10**
Titos, Freshly Juiced Pineapple Juice, House Strawberry Puree, and Lemon Juice.

STRAWBERRY BASIL SPRITZER **$10**
Titos, Blue Agave, Fresh Muddled Strawberry and Basil, House Lemonade, and Soda.

CHOCOLATE NOCINO MARTINI **$11**
Prairie Organic Vodka, Watershed Nocino Black Walnut Liquor, Baileys and House Chocolate.

MOSCOW MULE **$10**
Titos, Maine Root Ginger Brew & Muddled Mint Leaves, garnished with a Lime Wedge & Reed's Ginger Candy, served in a traditional copper mug.

Also available are our Kentucky, Mexican, Irish and Dutch Mules!

WINE AND BEER

WHITE WINE

SEVEN DAUGHTER'S MOSCATO
Bottle $9.99 Glass $6

KUNG FU GIRL RIESLING
Bottle $12.99 Glass $8

DOMAINE DE TOURELLES ROSÉ
Bottle $13.99 Glass $8

CHATEAU LA GAHARRE BORDEAUX BLANC
Bottle $13.99 Glass $8

PERLAGE PINOT GRIGIO
Bottle $12.99 Glass $8

KIM CRAWFORD SAUVIGNON BLANC
Bottle $17.99 Glass $10

MOJO CALIFORNIA CHARDONNAY
Bottle $9.99 Glass $6

NATURA CHARDONNAY
Bottle $10.99 Glass $6

MASTERPIECE VINEYARDS CHARDONNAY
Bottle $14.99 Glass $9

RED WINE

VINA GALANA
Bottle $11.99 Glass $7

STUMP JUMP SHIRAZ
Bottle $12.99 Glass $8

FARNESE FANTINI MONTEPULCIANO D' ABRUZZO
Bottle $9.99 Glass $6

QUEEN OF HEARTS PINOT NOIR
Bottle $14.99 Glass $9

MEOMI PINOT NOIR
Bottle $21.99 Glass $12

GEN 5 MERLOT
Bottle $10.99 Glass $7

OZV ZINFANDEL
Bottle $12.99 Glass $8

LA POSTA PIZZELLA MALBEC
Bottle $14.99 Glass $9

FORCE OF NATURE
Bottle $15.99 Glass $9

FREY ARGRICULTURIST RED (SULFITE FREE)
Bottle $11.99 Glass $7

CHIANTE CLASSICO L'AURA
Bottle $15.99 Glass $8

JOEL GOTT CABERNET
Bottle $17.99 Glass $10

BLACKBERG ROSÉ
Bottle $18.49 Glass $10

SUMMERLAND CABERNET SAVIGNON
Bottle $12.99 Glass $8

SPARKLING WINES

NEW AGE
Bottle $8.99 Glass $5

DIBON ROSE
Bottle $14.99 Glass $8

CLARA C PROSECCO
Bottle $14.99 Glass $8

DIBON BRUT
Bottle $11.99 Glass $6

KEGS

ROTATING TAPS FEATURING SEASONAL SELECTIONS

BEERS

ANDERSON FRAMBOISE SOUR $4

MIGHTY SWELLS: GRAPEFRUIT, PEACH, WATERMELON MINT, CHERRY LIME $4

MODELO ESPECIAL $4

STELLA ARTOIS BELGIAN PILSNER $4

DORTMUNDER GOLD LAGER $4

HEINEKEN LAGER $4

HEINEKEN LIGHT LAGER $5

PLATFORM SEASONAL $5

DU CLAW SWEET BABY JESUS PORTER $5

FAT TIRE BELGIAN STYLE ALE $5

TROEGGS DREAM WEAVER $5

RHINEGEIST BUBBLES ROSE ALE $5

THIRSTY DOG LABRADOR LAGER $5

FAT HEADS BUMBLEBERRY ALE $5

LAGUNITAS LIL SUMPIN' SUMPIN' ALE $5

SOCIABLE FREEWHEELER DRY CIDER $5

STONE IPA $5

BELIS TWO HEARTED IPA $5

HOBO LIFE SESSION IPA $5

GUINNESS STOUT $6

VICTORY SOUR MONKEY AMERICAN WILD ALE $6

GLUTEN FREE BEERS

GLUTENBERG BEER $6

GLUTENBERG IPA $6

GLUTENBERG LAGER $6

JUICE BAR MENU

FRESH FRUIT JUICES

UNCLE MATT'S ORGANIC ORANGE JUICE
8oz ..... **$3** 12oz **$4.5**

STRAWBERRRY LEMONADE 16oz **$4.5**
Lemonade mixed with fresh strawberry pureé and served over ice.

SUNRISE SUNSET 8oz ..... **$4.5** 12oz **$6.5**
Fresh juiced pineapple, Natalie's oj, and pureéd strawberries.

VEGETABLE JUICES

CARROT JUICE 8oz ..... **$4** 12oz **$6**
Fresh juiced Organic Carrots.

GREEN DRINK 8oz ..... **$4** 12oz **$6**
All freshly juiced kale, cucumber, celery, spinach, basil, cilantro, parsley and mint - lemon and/or ginger optional.

BEET ME UP SCOTTY 8oz ..... **$4** 12oz **$6**
Fresh juiced carrots, beets, spinach and parsley.

WHEATGRASS SHOT 8oz ..... **$3** 12oz **$5**
Fresh pressed organic wheat grass juice.

GINGER SHOT 1oz **$3**
Fresh pressed ginger juice.

TURMERIC GREEN DRINK 8oz ..... **$5** 12oz **$7**
Gaia Herbs™ turmeric powder, all freshly juiced kale, cucumber, celery, spinach, basil, cilantro, parsley and mint - lemon and/or ginger optional.

COMBINATION JUICES

GRASSHOPPER 8oz **$6**
Fresh juiced wheatgrass, pineapple, apple and mint.

ENERGIZER 8oz ..... **$4.5** 12oz **$6.5**
Fresh juiced carrot, ginger, oj and lemon.

REFRESHER 8oz ..... **$4.5** 12oz **$6.5**
Fresh juiced carrot, apple, celery and ginger.

REJUVENATOR 8oz ..... **$4.5** 12oz **$6.5**
Fresh juiced apples, kale, beets, cucumber and ginger.

TURMERIC GLOW 8oz **$5.5**
Gaia Herbs™ turmeric powder, lemon, honey, ginger, cayenne and fresh pineapple. Served over ice.

SWEET GREENS 8oz ..... **$4.5** 12oz **$6.5**
Fresh apple juice, kale, spinach, basil, cilantro, mint - lemon and/or ginger optional.

TROPICAL ZINGER 8oz ..... **$4.5** 12oz **$6.5**
Fresh juiced pineapple, fresh juiced apples, natalie's oj, and fresh ginger.

SMOOTHIES 12oz

STRAWBERRY BLOSSOM **$5**
Coconut water, pineapple, banana and strawberry.

BLUE MOON **$5**
Apple juice, blueberry and banana.

RAZZAMATAZZ **$5**
Apple juice, raspberry and banana.

TROPICAL DREAM **$5**
Orange juice, pineapple and banana.

STRAWBERRY MINT BREEZE **$5**
Strawberry, lemonade and fresh mint.

TROPICAL GREENS **$5**
Orange juice, pineapple, banana, kale and spinach.

BERRY DELICIOUS **$5**
Apple juice, blueberry, strawberry, raspberry and cherry.

SPECIALTY SMOOTHIES 12oz

BERRY AMAZING ANTIOXIDANT **$7**
Pineapple, blueberry, strawberry, raspberry, goji berries and acai berries.

CHOCO-MACA-NANA-LOVE **$6**
Maca powder, cacao nibs and banana with your choice of dairy, almond or coconut milk.

HONEY BANANA PROTEIN SHAKE **$6**
Garden of Life™ Plant Protein, flaxseed oil, green spirulina, Banana and your choice of honey or maple syrup.

PEANUT BUTTER & JELLY **$6**
Apple juice, blueberry, raspberry, strawberry, peanut butter.

PEANUT BUTTER PROTEIN SHAKE **$6**
Garden of Life™ Plant Protein, peanut butter, banana, choice of dairy, almond or coconut milk and choice of honey or maple syrup.

ANTI-INFLAMMATORY TURMERIC SMOOTHIE **$7**
Gaia Herbs™ turmeric powder, cherries, banana, spinach, cinnamon, ginger, chia seeds and coconut water.

VANILLA BONE BROTH PROTEIN SMOOTHIE **$7**
Ancient Nutrition™ Vanilla bone broth protein, raw cacao, banana, cherry, choice of dairy, almond or coconut milk.

JUICE BAR MENU

SHAKES

VANILLA, CHOCOLATE, PEANUT BUTTER, BLUEBERRY, STRAWBERRY

12oz ..... **$5** 22oz **$7**

SPECIALITY SHAKES

COWABUNGA

Chocolate sauce, hazelnut syrup, ice cream and milk.

12oz ..... **$5.5** 22oz **$7.5**

MOCHA EXPRESS

Espresso, chocolate sauce, ice cream and milk.

12oz ..... **$5.5** 22oz **$7.5**

CHOCOLATE PEANUT BUTTER

12oz ..... **$5.5** 22oz **$7.5**

Make any milkshake vegan for $1 more with Coconut Bliss Vanilla and your choice of almond or coconut milk.

SODAS AND SPARKLING

ROCKY MOUNTAIN SODA 16oz **$2**

Root Beer, Cola, Lemon-Limeade, Blackberry, Grape, and Orange Cream.

OOGAVE NATURAL SODA 16oz **$2**

Gingerale and Diet Cola.

ZEVIA ALL NATURAL ZERO CALORIE SODA **$2.5**

Cola, Rootbeer, Lemon Lime, Black Cherry.

MAINE ROOT GINGER BREW **$3**

VOSS SPARKLING **$3.5**

PELLEGRINO SPARKLING **$3**

Q TONIC™ PREMIUM TONIC WATER **$3**

FESH GINGER ALE 16oz **$5**

Fresh ginger, agave, club soda, muddled mint and lime, served over ice.

HOT TEAS

CHOICE® ORGANIC TEAS **$2**

Black tea, green tea, white tea, & decaf earl grey.

YOGI® TEAS **$2**

Green tea berry slim, chai rooibos, ginger, tahitian vanilla hazelnut, kava stress relief, berry detox.

INCA® TEA **$2**

Cusco chamomile, machu picchu mango, punchau peach.

NUMI® ORGANIC TEA **$2**

Mate lemon, golden chai.

CELESTIAL SEASONINGS® **$2**

Black cherry, peppermint, chamomile, red zinger.

ICED TEAS

CHINA MIST® **$2**

Black tea, raspberry hibiscus tea (decaf) - free refills.

JAVA

MUSTARD SEED'S ORGANIC FAIR TRADE COFFEE **$2.5**

ESPRESSO

Single Shot ..... **$1.5** Double Shot **$2.75**

CAFE LATTE

Espresso with your choice of dairy, almond or coconut milk.

8oz ..... **$3** 12oz **$4**

CAFE MOCHA

Espresso with your choice of dairy, almond or coconut milk and chocolate sauce.

8oz ..... **$4** 12oz **$5**

CAFÉ AU LAIT

Organic fair trade coffee with your choice of dairy, almond or coconut milk.

8oz ..... **$3** 12oz **$4**

HOT COCOA

Chocolate sauce, hazelnut syrup, ice cream and milk.

8oz ..... **$2.5** 12oz **$3.5**

CHAI

Delicious chai steamed with your choice of dairy, almond or coconut milk.

8oz ..... **$3.5** 12oz **$4.5**

MATCHA GREEN TEA LATTE 8oz ..... **$4** 12oz **$5**

Matcha green tea powder, choice of dairy, almond or coconut milk and choice of honey or maple syrup.

ICED MATCHA GREEN TEA LATTE 16oz **$4**

Matcha green tea, honey or maple syrup, choice of dairy, almond or coconut milk, served over ice.

GOLDEN MILK 12oz **$6**

Almond, coconut, or dairy milk, Gaia Herbs™ golden milk turmeric powder, honey or maple syrup.

+1 shot of Espresso ... **$1** +Double shot of Espresso ... **$2**

AZTEC LATTE 12oz **$5**

Chocolate sauce, cayenne, cinnamon, nutmeg, espresso with your choice of dairy, almond or coconut milk.

DIRTY CHAI 12oz **$5**

Chai, 2 shots espresso, with your choice of dairy, almond or coconut milk.

TURMERIC LATTE 12oz **$6**

Almond, coconut, or dairy milk, gaia herbs® turmeric powder, honey or maple syrup.

+1 shot of Espresso ... **$1** +Double shot of Espresso ... **$2**

BULLET PROOF COFFEE 12oz **$5**

Organic coffee, mct oil, Kerrygold pasture butter, cream or coconut milk creamer.

VEGAN BULLET PROOF COFFEE 12oz **$5**

Organic coffee, mct oil, Kerrygold pasture butter, cream or coconut milk creamer.

BAZOOKA PROOF COFFEE 12oz **$6**

Organic coffee, MCT oil, kerrygold pasture butter, Ancient Nutrition™ Vanilla bone broth protein.

HAPPY HEMP LATTE 12oz **$7**

2 shots of espresso, 10mg Full-Spectrum Hemp Extract infused MCT oil, your choice of dairy, almond, or coconut milk. Add 10mg Hemp Extract to any coffee or smoothie for $2.