

# This Month's Deals

July 3rd through August 5th

## NUTRITION

Supplements | Healthy & Beauty

20%  
OFF



**Biochem**  
All Products

25%  
OFF



**Nordic Naturals**  
Omega-3 Products

20%  
OFF



**NuLeaf**  
All Products

20%  
OFF



**Pranarom**  
All Products  
*Montrose location only.*

20%  
OFF



**Nature's Way**  
All Products

20%  
OFF



**Ancient Nutrition**  
All Products

20%  
OFF



**Boiron**  
On-the-Go Digestives

20%  
OFF



**Country Life**  
All Products

30%  
OFF



**Garden of Life**  
All Products

35%  
OFF



**Hemp Luxe**  
All Products

20%  
OFF



**Host Defense**  
Lion's Mane, Stamets 7,  
Brain & Mycobrews

20%  
OFF



**Jarrow**  
All Products

15%  
OFF



**Life Extension**  
All Products

30%  
OFF



**Natural Factors**  
All Products



# GROCERY

Pantry | Frozen | Dairy | Beverages

\$6<sup>79</sup>  
ea.



**Madhava Honey**  
Agave Nectar (23.5 oz)

**SAVE** \$2.20  
each

2 for  
\$8<sup>00</sup>



**Uglier's**  
Potato Chips (6 oz)

**SAVE** 98¢  
total

3 for  
\$5<sup>00</sup>



**Halfday**  
Iced Tea (12 oz)

**SAVE** \$3.37  
total

\$5<sup>79</sup>  
ea.



**Malk**  
Oat or Almond Milk (28 oz)

**SAVE** \$2.00  
each

2 for  
\$8<sup>00</sup>



**Moss**  
Sea Moss Beverage (12 oz)

**SAVE** \$1.98  
total

2 for  
\$7<sup>00</sup>



**Dandies**  
Vegan Marshmallows (10 oz)

**SAVE** \$1.98  
total

2 for  
\$5<sup>00</sup>



**Goldthread**  
Plant-Based Tonic (10.5 oz)

**SAVE** \$3.98  
total

2 for  
\$8<sup>00</sup>



**Tony's Chocolonely**  
Chocolate (4 or 6.35 oz)

**SAVE** \$2.98  
total

\$4<sup>99</sup> - \$11<sup>99</sup>  
ea.



**Primal Kitchen**  
Assorted Products

**SAVE** up to  
\$3.50

\$3<sup>79</sup>  
ea.



**Jovial**  
Assorted Tomatoes & Pasta

**SAVE** \$1.20  
each

\$4<sup>99</sup>  
ea.



**Cleveland Kitchen**  
Kraut, Pickles & Kimchi

**SAVE** \$1.50  
each

3 for  
\$6<sup>00</sup>



**Roar Organic**  
Water (18 oz)

**SAVE** \$1.47  
total

2 for  
\$6<sup>00</sup>



**SweetLeaf**  
WaterDrops (1.62 oz)

**SAVE** \$3.58  
total

2 for  
\$8<sup>00</sup>



**Dr. Praeger's**  
Burgers (8 or 10 oz)

**SAVE** \$4.58  
total

2 for  
\$9<sup>00</sup>



(8 oz)

2 for  
\$5<sup>00</sup>



**Better Booch**  
Kombucha (12 oz)

**SAVE** \$1.98  
total

\$3<sup>29</sup>  
ea.



**Snack Factory**  
Pretzel Crisps (7.2 oz)

**SAVE** \$1.20  
each

\$4<sup>99</sup>  
ea.



**Late July Snacks**  
Tortilla Chips (14.75 oz)

**SAVE** \$1.30  
each

\$5<sup>49</sup>  
ea.  
(Sausage)



**Field Roast**  
Sausage (12.95 oz)  
or Hot Dogs (10 oz)

**SAVE** \$2.00  
each

\$5<sup>79</sup>  
ea.

2 for  
\$6<sup>00</sup>



**Vive Organic**  
Immunity Boost Shots (2 oz)

**SAVE** \$1.58  
total

\$3<sup>79</sup>  
ea.



**Suja**  
Juice (12 oz)

**SAVE** \$1.00  
each

2 for  
\$5<sup>00</sup>



**Eternal Water**  
Alkaline Water (1.5 Liter)  
Alkaline Water (600 mL) - 8/\$10

**SAVE** 58¢  
total

2 for  
\$6<sup>00</sup>



**Hippeas**  
Chickpea Puffs (4 oz)

**SAVE** \$2.98  
total

\$4<sup>49</sup>  
ea.



**Nixie**  
Sparkling Water (8 pk)

**SAVE** \$2.50  
each

4 for  
\$6<sup>00</sup>



**Culture Pop**  
Soda (12 oz)

**SAVE** \$3.16  
total

\$6<sup>99</sup>  
ea.



**Eat Meati**  
Plant Based Cutlet or Steak  
(7.4 - 8.5 oz)

**SAVE** up to  
\$3.00

\$8<sup>49</sup>  
ea.  
(Steak)

3 for  
\$5<sup>00</sup>  
(16.9 oz)



**Real Coco**  
Coconut Water (16.9 or 1 Liter)

**SAVE** up to  
\$3.58

2 for  
\$6<sup>00</sup>



# MEAT SPECIALS

Meat | Seafood

*Meat specials are ONLY available at our Highland Square location.*



**ALL STEAK ITEMS | 15% OFF**

July 1 - July 31



**ALL SEAFOOD  
ITEMS**

**20% OFF**

July 1 - July 7



**ALL PORK  
ITEMS**

**20% OFF**

July 8 - July 14



**ALL CHICKEN  
ITEMS**

**20% OFF**

July 15 - July 21



**ALL HOT DOGS,  
SAUSAGES &  
BURGER PATTIES**

**20% OFF**

July 22 - July 28